	Heart Healthy Stony Brook Medicine					
	Monday	Tuesday	Wednesday	Thursday	Friday	
Entrée	5/6 Chicken Meatball Peperonata	5/7 Chicken Apricot No Gluten Added & Dairy Free	5/8 Chicken Francese	5/9 Stuffed Peppers with Beef	5/10 Chicken Cordon Bleu	
Heart Healthy Entrée	♥ Tuscan Shrimp Pasta	Grilled Salmon with Mango Salsa	♥ Gluten Free Sole	Herb Crusted Cod	Miso Glazed Salmon	
	Employee Meal	No Gluten Added & Dairy Free Employee Meal	Employee Meal	Employee Meal	No Gluten Added Employee Meal	
Employee Meal	Pierogis (V)	Baked Ziti (V)	Penne Ala Vodka	Spinach Frittata (V)	Manicotti (V)	
Starch	White Rice No Gluten Added & Dairy Free	Creamy Orzo	Seasoned Rice	Rice Pilaf No Gluten Added	Basmati Rice No Gluten Added	
Starch	Mashed Potatoes No Gluten Added	Roasted Potatoes No Gluten Added	Roasted Red Bliss Potatoes No Gluten Added	Scalloped Potatoes	Yukon Gold Mashed Potatoes No Gluten Added	
Vegetable	Brussel Sprouts No Gluten Added	Garlic Broccoli No Gluten Added & Dairy Free	Garlic Green Beans	Roasted Cauliflower	Glazed Carrots No Gluten Added	
Vegetable	Mixed Vegetables	5 Way Blend Mixed Vegetables	Chef Blend Vegetables	California Blend Vegetables	Capri Blend Vegetables	
Mac & Cheese	No Gluten Added & Dairy Free Mac & Cheese	No Gluten Added Mac & Cheese	No Gluten Added Mac & Cheese	No Gluten Added Mac & Cheese	No Gluten Added Mac & Cheese	
Soup	Beef Ditalini	Chicken & Gnocchi	Chicken Noodle	Roasted Red Pepper & Smoked Gouda (V)	Lobster Bisque	
Soup	Hearty Vegetable (V) No Gluten Added & Dairy Free	Cream of Broccoli (V)	Cream of Spinach (V)	Lemon Chicken Orzo	Minestrone (V)	
Chef Table	Flank SteakRed Lentil Pasta	Taco Tuesday	Strawberry Jalapeño Chicken	Nacho Bar	Philly Cheesesteak	
	No Gluten Added					