	Heart Healthy	* Stony Brook I	Medicine (
	Monday	Tuesday	Wednesday	Thursday	Friday
	4/15	4/16	4/17	4/18	4/19
Entrée	Chicken Meatball Peperonata	Chicken Apricot	Chicken Francese	Stuffed Peppers with Beef	Chicken Cordon Bleu
Heart Healthy Entrée	Shrimp with Tomatillo Sauce	Grilled Salmon with Mango Salsa	Baked Tilapia	Herb Crusted Cod	Miso Crusted Salmon
	Dairy free	No Gluten Added & Dairy Free	Time I was MA al	Time Lives Was a	No Gluten Added
- E	Employee Meal	Employee Meal	Employee Meal	Employee Meal	Employee Meal
Employee Meal	Pierogis (V)	Manicotti (V)	Rigatoni Mushroom Bake	Penne Alla Vodka (V)	Baked Ziti (V)
Starch	White Rice	Stuffing	Seasoned Rice	Rice Pilaf	Basmati Rice
	No Gluten Added & Dairy Free			No Gluten Added	No Gluten Added
Starch	Mashed Potatoes	Toasted Orzo	Red Skinned Mashed Potatoes	Vegetarian Baked Beans	Mashed Potatoes
_ o	No Gluten Added		No Gluten Added		No Gluten Added
Vegetable	Garlic Broccoli	Brussels Sprouts	Garlic Green Beans	Roasted Cauliflower	Glazed Carrots
	No Gluten Added & Dairy Free	No Gluten Added	No Gluten Added & Dairy Free	No Gluten Added & Dairy Free	No Gluten Added
Vegetable	Mixed Vegetables	5 Way Blend Mixed Vegetables	Chef Blend Vegetables	California Blend Vegetables	Capri Blend Vegetables
	No Gluten Added & Dairy Free	No Gluten Added	No Gluten Added	No Gluten Added	No Gluten Added
Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese
Soup	Beef Ditalini	Chicken & Gnocchi	Chicken Tortilla	Roasted Red Pepper & Smoked Gouda (V)	Lobster Bisque
Soup	Hearty Vegetable (V)	Cream of Broccoli (V)	Cream of Spinach (V)	Lemon Chicken Orzo	Minestrone (V)
	No Gluten Added & Dairy Free				
Chef Table	Omelet Station	Taco Tuesday	Strawberry Jalepeno Chicken	BBq Brisket	Philly Cheesesteak