



Stony Brook Medicine

Monday	Tuesday	Wednesday	Thursday	Friday
1/5/2026	1/6/2026	1/7/2026	1/8/2026	1/9/2026
Beef Tips & Gnocchi	Chicken Francese	Beef Portobello Mushroom w/ Blue Cheese Sauce	Chicken Mozzarella	BBQ Chicken
Caribbean Shrimp and Rice	Blackened Red Fish	Crusted Cod	Tuscan Salmon	Fish & Chips
Grilled Vegetable Rigatoni (V)	Penne Alla Vodka(V)	Spinach Lasagna(V)	Pasta Primavera (V)	Mediterranean Chickpea Bake(V)
Rotisserie Chicken	Rotisserie Chicken	Rotisserie Chicken	Rotisserie Chicken	Rotisserie Chicken
Heart Healthy				
White Rice GF	Rice Pilaf GF	Seasoned Rice GF	Toasted Orzo	Cilantro Lime Rice GF
Mashed Potatoes GF	Roasted Potatoes	Herb Roasted Fingerling Potatoes GF,DF	Mashed Potatoes GF	Potato Medley GF
Carrots GF	Broccoli GF	Roasted Cauliflower GF	Brussel Sprouts GF	String Beans GF
Italian Blend Vegetables GF,DF	Five Way Mixed Vegetables GF,DF	Chef Blend Vegetables GF,DF	Malibu Blend Vegetables GF,DF	Capri Blend Vegetables GF,DF
Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese	Macaroni & Cheese
Italian Wedding	Split Pea & Ham	Chicken Noodle	Roasted Red Pepper & Smoked Gouda (V)	New England Clam Chowder
North Bean (V)	Cream of Broccoli (V)	Minestrone (V)	Cream of Chicken	Tomato Basil (V)
Deli Sandwiches	Deli Sandwiches	Deli Sandwiches	Deli Sandwiches	Deli Sandwiches
Chicken Wings	Popcorn Chicken Bowl	Nacho Cantina	Waffle Fry Bar	Baked Potato Bar
Spicy Italian Sub	Supreme Taco Verde	Butter Chicken Bowl w/ Naan Bread	Skirt Steak Chimichurri Sandwich	Chicken Fajitas

Please let your server know about allergies before ordering

Menu subject to Change