

 Heart Healthy  Stony Brook Medicine					
 Employee Meal					
	Monday	Tuesday	Wednesday	Thursday	Friday
	9/25	9/26	9/27	9/28	9/29
Entrée	Chicken Meatball Peperonata	Chicken Pot Pie	Swedish Meatballs	Chicken Francaise	Beef Curry
Heart Healthy Entrée	 Shrimp Scampi	 Greek Artichoke Grilled Chicken	 Lemon Dill Salmon	 Cod Provencal	 Garlic Ginger Salmon
Employee Meal	 Baked Ziti (V)	 Tortellini Primavera(V)	 Penne ala Vodka (V)	 Spinach Artichoke Macaroni & Cheese(V)	 Ravioli Gardenia (V)
Starch	Seasoned Rice	Toasted Orzo	Rice Pilaf	Basmati Rice	White Rice
Starch	Mashed Potatoes	Yukon Gold Mashed Potatoes	Egg Noodles	Scalloped Potatoes	Roasted Red Bliss Potatoes
Vegetable	Mixed Vegetables	Spinach	Italian Blend Vegetables	Roasted Broccoli	Capri Blend Vegetables
Vegetable	Corn	5 Way Blend Mixed Vegetables	Garlic Green Beans	Scandinavian Blend Mixed Vegetables	Glazed Carrots
Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese	Mac & Cheese
Soup	Chicken Noodle	Corn Chowder (V)	Chicken Tortilla	Roasted Red Pepper & Smoked Gouda (V)	Manhattan Clam Chowder
Soup	Tuscan Vegetable (V)	Beef Noodle	Cream of Spinach (V)	Chicken Ditalini	Vegetable Barley (V)
Chef Table	Grilled Cheese Bar	Taco Bowl	Grilled Chicken Red Lentil Pasta	Swiss Patty Melts	Seafood Fra Diavolo

Please let your server know if you have an allergy before ordering

Menu Subject to Change