

Clear Liquids

Juice: Apple | Cranberry

Broth: Beef | Chicken | Vegetable

Gelatin: (Regular or Sugar-Free) Strawberry | Orange

Italian Ice: Cherry | Orange | Lemon | No Sugar Added Lemon

Coffee: Regular | Decaffeinated

Tea: Regular | Decaffeinated | Chamomile

Fresh-Brewed Unsweetened Iced Tea

Soft Drinks: Ginger Ale | Diet Ginger Ale | Seltzer

Condiments

Honey | Lemon Juice | Sugar | Equal | Splenda | Sweet & Low

Full Liquids

All items on the Clear Liquid selection

plus those listed below:

Juice: Orange | Prune | Tomato

Yogurt: Vanilla (Regular or Lite) or Plain

Cereal: Cream of Wheat

Soup: Cream of Tomato

(available from 11:00 am -7:00pm only)

Pudding: (Regular or No Sugar Added)

Vanilla | Chocolate

Dessert: Low-Fat Chocolate Mousse

Ice Cream: Vanilla | Chocolate | No Sugar Added Vanilla
No Sugar Added Chocolate

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

DIET:

Clear / Full Liquids

1. Dial 8-3463 (8-DINE), or (631) 444-3463 from your cell phone, between the hours of 7am and 7pm.
2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
3. Place your order. Your specifically prepared meal will be served to you 60-90 minutes of your request.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for your diet. If you are on a special or restricted diet, our Room Service Associate would be happy to assist you with your meal selection. For your safety, we will accept your menu selections after your physician has entered your diet order.

Enjoy Seamless Dining at Your Fingertips!

To get started:

1. Scan the QR code, download, and install the app.
2. Create your account and log in, entering the Facility ID (**sbuh11794**), the patient's Billing ID (or Encounter #), and Date of Birth
3. Start exploring a selection of options to meet your nutritional needs and place your order effortlessly
4. Our self-ordering Patient app may not be suitable for your diet order. Please call our Call Center to speak with a representative who can guide you through your available selections.



CBORD Patient by
The CBORD Group, Inc
Facility ID: sbuh11794

NAME/ROOM#: _____

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Stony Brook Medicine