



The Endoscopy suite is located on 14 North in Stony Brook Hospital.

Take one of the main elevators to the 14<sup>th</sup> Floor, turn left to North Tower. The waiting room is straight ahead. Sign in and have a seat.

Endoscopy phone number: 631-444-8038

GI Motility phone number: 631-444-1759

### Preparation for BRAVO pH study OFF MEDS

**1. Follow instructions for EGD (Upper Endoscopy) prep.**

- a. Do not eat or drink after midnight.
- b. Leave your jewelry at home.
- c. You must have someone to drive you home (cannot use a taxi or Uber services).
- d. You must obtain a COVID swab demonstrating a negative result **within 3 days of your procedure.**
  - **THIS MUST BE A PCR SWAB. NO RAPID SWABS WILL BE ACCEPTED.**
  - If you are bringing results with you, please print them out to provide to staff.

**2. Seven (7) DAYS BEFORE PROCEDURE: STOP** taking all acid stopping medication (Proton-Pump Inhibitors/PPI) such as Prilosec, Nexium, Dexilant, Omeprazole, Pantoprazole, etc.

**3. Three (3) DAYS BEFORE PROCEDURE: STOP** taking acid blocking medication such as Zantac, Pepcid, etc.

**4. Six (6) HOURS BEFORE: STOP** Maalox, Mylanta, TUMS, Carafate.

**5. You will need to return the BRAVO recorder 48 or 96 hours after your procedure to:**

**Ambulatory Care Pavilion (ACP) building, GI Motility Level 2.**

**3 Edmund D. Pellegrino Road, Stony Brook, NY 11794**

**6. If you have access to a computer, please watch the following YouTube video prior to arriving for your procedure:**

You can either copy the following link, or type:

“BRAVO Esophageal pH Test What You Need to Know” into the YouTube search engine.

[https://www.youtube.com/watch?v=IPM\\_4VDlw7M&t=46s](https://www.youtube.com/watch?v=IPM_4VDlw7M&t=46s)