



GI Motility Department

Ambulatory Care Pavilion- Level 2

Address: 3 Edmund D. Pellegrino Road, Stony Brook NY

Our phone number is: 631-444-1759

Preparation for Anorectal Manometry

- 1.** Self-administer a Fleet enema 2 hours before you leave home.
If you are very constipated, give yourself an additional fleet enema the night before your test as well.

- 2.** You may eat your normal diet and take your medications as you would normally on the day of the study.

- 3. DAY OF TEST:**

- Stop at Patient Registration on Level 2 in the Ambulatory Care Pavilion (ACP) before proceeding to the **"GI Motility Center"**.

- 4.** Please be prepared to spend approximately 1 hour in the Motility Center.

- 5.** You do not need anyone to accompany you for this appointment.