### Beverages
- **Coffee:** Regular – Decaffeinated
- **Tea:** Regular – Decaffeinated – Chamomile
  - Fresh Brewed Iced Tea
- **Milk:** Whole – 1% - Skim – Lactaid
- **Ginger-Ale:** Diet Ginger-Ale - Seltzer

### Juice & Fruits
- **Juice:** Apple – Cranberry
- **Fruits:** Apple - Grapes
- **Chilled Fruit:** Peaches – Pears – Applesauce – Mandarin Oranges

### Cereal
- **Hot:** Oatmeal – Cinnamon Oatmeal – Cream of Wheat
- **Cold:** Crispy Rice – Whole Grain Toasty O’s – Total

### Breakfast Bakery
- **Bagels (Half):**
- **Kaiser Roll**
- **Sliced Bread:** White – Wheat – Rye
- **Choice of:** Smart Balance – Jelly – Butter –
  - Cream Cheese – Lite Cream Cheese

### Breakfast Entrees
- **Eggs:** Scrambled - Egg Whites - Egg Substitute – Hard Boiled Egg
- **Omelet:** Egg - Egg White - Egg Substitute
- **Choice of 4 Toppings:** Red Onions – Broccoli – Peppers –
  - Mushroom - Turkey
- **Pancakes:** Buttermilk - Blueberry Pancake
- **French Toast:** Plain - Blueberry

### Main Course
- **Chicken Francaise:** Sautéed in a Lemon White Wine Sauce
- **Turkey with Gravy:** Oven Roasted
- **Broiled Flounder:** Dressed with Garlic Lemon Herb
- **Baked Salmon**
- **Home Made Meatloaf:** Served with Gravy
- **Sliced Roast Beef:** with mushroom gravy
  - Marinated Chicken Breast
  - Macaroni and Cheese

### Side Salads
- **Garden – Vegetable Sticks- Cucumber Slices**
- **Dressings:** Olive Oil and Vinegar

### Sides:
- **Choice of:**
  - Penne · Brown Rice - Steamed White Rice – Stuffing ·
  - Baby Carrots – Broccoli - Corn - Green Beans –
    - Whole Wheat Dinner Roll - Wheat Crackers –
    - Wheat Bread – Rye Bread – Kaiser Roll

### From The Grill
- **Hamburger – Swiss Cheese Burger**
- **Marinated Grilled Chicken**
- **Grilled Cheese Sandwich**
- **Choice of Toppings**
- **Lettuce – Sautéed Onion – Sautéed Mushroom - Swiss Cheese - Mayo – Lite Mayo**

### Choice of Bread
- **Rye Bread - Sliced Whole Wheat Bread - Sliced White Bread**

### Desserts
- **Lemon Pound Cake**
- **Peach and Pear Cobbler**
- **Angel Food Cake**
- **Chilled Fruit:** Peaches – Pears – Applesauce –
  - Mandarin Oranges
- **Cookies:** Lorna Doone – Fig Newton - Graham Crackers
- **Gelatin:** (Regular or Sugar Free) Strawberry or Orange
- **Ice Cream:** Vanilla – Sugar Free Vanilla
- **Italian Ice:** Cherry – Sugar Free Orange
- **Condiments:**
  - Butter - Smart Balance – Cranberry Sauce – Grape Jelly –
    - Mayonnaise – Lemon Juice –Honey – Equal –
    - Sugar - Splenda

### Pasta Bar
- **Choice of Pasta:** Penne - Linguini – Whole Wheat Penne
  - Diced Marinated Chicken
  - Chicken and Broccoli with Penne

### Deli Specials
- **Choose 1:** Roast Beef – Turkey – Chicken Salad
- **Choice of Bread:** Sliced Seedless Rye - Kaiser Roll –
  - White Bread – Wheat Bread
- **Choice of Toppings:** Lettuce - Swiss Cheese
- **Condiments:** Lite Mayo
Guests and Visitors Dining with Patients

Guests and visitors have the option to dine with the patient; the cost per meal is $10.00 per person per meal. Simply visit one of our food establishments (The Market Place Café or Skyline Deli) to purchase a guest meal card. Select your meal preference from the Distinguished Dining Room Service Menu for Guests, and place your order after the patient places his/her order. Your guest meal card must be redeemed when your Ambassador delivers your meals.

RENAI DIET

Your physician has ordered a potassium restricted diet for you. A sodium, protein, phosphorus and/or fluid restriction may also have been ordered.

- Potassium is a mineral found in most foods especially fruits, vegetables and many dairy products and therefore these foods are limited on this diet.
- Sodium is also found in most foods and is especially concentrated in salt, processed and convenience foods such as cold cuts, hot dogs, sausage canned soups and TV dinners
- Protein is found mostly in meats, poultry, fish, dairy products and legumes. Vegetables and grains provide smaller amounts.
- Phosphorus is abundantly found in dairy products, nuts, legumes, meats, poultry, and fish.

Our goal is to exceed your expectations. For this dedication we hope that if you receive a “Press Ganey Survey” we earn 5 out of 5 in your rating. If for any reason you would not rate your service a 5, please call or contact your Ambassador right away and let us know how we can improve our service to you.

Please call 8-3463 (8-DINE) to place your meal order

K 1.2gm
K 1.5gm
K 2 gm
K 2.5gm
K 3gm
K 4gm