### Beverages
- Fresh Brewed Iced Tea
- Milk: Whole (7g) – 1% (7g) – Skim (7g) – Lactaid (13g) – Soy (18g)

### Soup & Salad
#### Cold Plates / Entree Salads

<table>
<thead>
<tr>
<th>Soup</th>
<th>Broth</th>
<th>Choice of Bread (<em>per slice)</em></th>
</tr>
</thead>
<tbody>
<tr>
<td>Campbells Tomato (23g)</td>
<td>Beef (2g)</td>
<td>*Rye Bread (18g)</td>
</tr>
<tr>
<td>Lentil Soup (28g)</td>
<td>Chicken (2g)</td>
<td>*White Bread (14g)</td>
</tr>
<tr>
<td>Pasta Fagioli (41g)</td>
<td>Vegetable (2g)</td>
<td>Regular Burger Bun (31g)</td>
</tr>
</tbody>
</table>

| Cold Plates / Entree Salads | Cottage Cheese Plate: Cottage Cheese and Fresh Seasonal Fruit (36g) | Fresh Fruit Plate with Plain Yogurt (38g) |

### Crudités & Hummus Salad
- Fresh Garden Vegetables (Cucumbers, Cherry Tomatoes, Celery & Carrots) Served with Creamy Hummus Dip (6g)

### Choice of Bread (*per slice)*
- *Rye Bread (18g) - *Whole Wheat Bread (14g) - *White Bread (14g) - Regular Burger Bun (31g) - Whole Wheat Burger Bun (28g)

### Choice of Toppings
- Lettuce – Tomato – Sautéed Mushrooms – Swiss Cheese – American Cheese - Sautéed Onions

### Pasta Bar
- Choice of Pasta: Penne (28g) - Linguini (29g) - Whole Wheat Penne (28g)
- Choice of Sauce: Vodka Sauce (5g) - Meat Sauce (7g)
- Buttermilk - Marinara Sauce (8g) - Garlic & Extra Virgin Olive Oil & a Touch of White Wine
- Choice of Toppings: Mixed Vegetables – Mushrooms – Diced Marinated Chicken

### Deli Specials
- Grilled Chicken Caesar Wrap (58g): Marinated Grilled Chicken, Romaine Lettuce, Creamy Caesar Dressing
- Classic Tuna / Chicken Salad Sandwich
- Oven Roasted Turkey Sandwich
- Slow Cooked Roasted Beef
- Choice of Bread (*per slice)*: *Whole Bread (14g) - *Sugar Free Rye (19g) - Kaiser Roll (41g)
- - Wrap (53g) - Plain Bagel (47g)

### Condiments
- Mayonnaise - Mustard - Lite Mayo –Ketchup (3g) – Sour Cream (2g)

### Pizza (80g) – ½ Pizza (49g):
- Individual Personal Cheese Pizza

### Desserts
- Angel Food Cake (28g)
- Chocolate Angel Food Cake (29g)
- Fresh Marinated Fruit Salad (18g)
- Ice Cream: Sugar Free Vanilla (18g)

### Chilled Fruit:
- Peaches (12g) – Pears (14g) – Applesauce (12g) – Mandarin Oranges (14g)
- Cookies: Graham Crackers (11g)

### Baby Fruits:
- Applesauce (13g) – Pears (16g) – Banana (22g)
Welcome to Stony Brook University Hospital's Distinguished Dining: Excellence in Service and Cuisine

Distinguished Dining has been developed to help provide you with the finest patient care.

Our commitment in the Food and Nutrition Department is to provide our patients with sound nutritional guidance, the freshest and finest restaurant quality foods and healthy meal choices prepared by culinary trained professionals. Our “Room Service” style of food service enables you, the patient, to choose from a restaurant style menu, tailored to your diet, which offers a wide variety of choices at any given time during the operations hours. If at any time your diet is changed during your stay, your Room Service Ambassador will provide you with a new menu that reflects your new diet.

Your “Patient Services Ambassador” will aid and answer any questions you may have.

**PEDIATRIC CARBOHYDRATE CONTROLLED DIET:**

Your physician has ordered a diabetic diet for you which is carbohydrate controlled. Foods which contain carbohydrates include fruits, breads and starchy foods, dairy products, (except cheese), and sweets.

Please call 8-3463 (8-DINE) to place your meal order

Advance Meal Orders

For your convenience you can order up to three meals in advance by just calling the call center. Please call 8-3463, the operators will be glad to assist you in placing your meal orders.

If you need to order more than three meals, in advance, you can call the call center and request an advance order form.

Family members can reach the call center from outside the Medical Center by calling (631)-638-3463

(11/14)