Fasting
No Solid Food After Midnight
No Gum or Candy

Clear Liquids
You May Drink Clear Liquids
(Water/Apple Juice) After Midnight, With Last Glass 2 Hours Prior To Arrival.

No Alcohol
Within 24 Hours of Anesthesia

Driver
You are Required to Have Someone Drive You Home. A Responsible Person Should Stay With You For 24 Hours After Anesthesia.

Sleep Apnea
Bring Your Mask/Machine

No Jewelry
All Piercings Must Be Removed. We Cannot Take Responsibility For Jewelry Brought To The Hospital.

Wear Glasses/
Hearing Aides
Bring Cases, No Contacts

Bring Photo ID
Bring Your Co-Pay

Medications

Morning Medications [if applicable] may be taken with sips of water until 30 min. before arriving at the hospital.

Diabetes
- Do NOT take any oral medications for diabetes the morning of Anesthesia. If you take Insulin, please contact your health care provider for specific instructions.
- If you take Metformin and are having a radiology study that requires use of contrast dye, you may NOT take your Metformin for 48 Hours after the radiology procedure. Contact your health care provider for specific instructions for your diabetes management while unable to take Metformin.

MRI
- No Metal On
- No Make-up
- If you have a tattoo please inform the technologist
- If you have any metal implanted in your body please let the technologist know and please bring in any medical implant/device cards that you have.

CT
- No Metal On