Main Hospital Endoscopy Instructions

ARRIVAL TIME
The day before your procedure you will be contacted by the Endoscopy Automated Reminder System. During that call you will be notified of your arrival time.

Endoscopy 444-1768

ADDRESS
Main Hospital Building
Main Lobby (Level 5) Admitting Elevators 14 N Endoscopy Suite
101 Nicolls Rd
Stony Brook NY 11794
Hospital Parking will be Validated
Valet Parking $6 Day

Fasting
Follow bowel prep instructions as provided by your GI doctor.

Clear Liquids
You May Drink Clear Liquids (Water/Apple Juice) After Midnight, With Last Glass 2 Hours Prior To Arrival.

No Alcohol
Within 24 Hours of Surgery

Driver
You are Required to Have Someone Drive You Home. If you do not have a driver your procedure will be cancelled. A Responsible Person Should Stay With You For 24 Hours After Your Procedure.

No Jewelry
All Piercings Must Be Removed. We Cannot Take Responsibility For Jewelry Brought To The Hospital.

Wear Glasses/
Hearing Aides
Bring Cases, No Contacts

Bring Photo ID
Bring Your Co-Pay

Medications

Morning Medications [if applicable] may be taken with sips of water until 30 min. before arriving at the hospital.

Diabetes
• Do NOT take any oral medications for diabetes the morning of surgery. If you take Insulin, please contact your health care provider for specific instructions

Blood Thinners
• If you take Aspirin, Plavix, Effient, Brilinta, Ticlid, Coumadin, Pradaxa, Xarelto or Eliquis, Please contact the prescribing health care provider for specific instructions

NSAIDS
• Do not take any anti-inflammatory medications such as Advil, Aleve, Motrin, Ibuprofen, Naprosyn, Diclofenac or Meloxicam for 7 days prior to your procedure. Tylenol (Acetaminophen) is ok.

Supplements
• Please review any herbal supplements at your pre-operative visit. Stop Vitamin E, Fish Oils, Ginkgo Biloba 7 days prior to procedure.

Pre-Operative Services

Best Wishes For A Speedy Recovery From Your Pre-Operative Team
Deborah Richman MB ChB, Medical Director,
Teresa Carter NP, Christine Kane NP,
Madalina Vlase PA, Amy Dany NP,
Elina Yakirevich PA, Paul McGovern PA
Dianne Jaggon PA