Beverages
Coffee: Regular – Decaffeinated
Tea: Regular – Decaffeinated – Chamomile
Fresh Brewed Iced Tea
Hot Chocolate: Regular – Sugar Free
Milk: Whole – 1% - Skim – Lactaid – Soy
Soft Drink: Ginger-Ale – Diet Ginger-Ale - Seltzer

Juice & Fruits
Juice: Orange – Apple – Tomato – Cranberry
Fruit: Banana
Chilled Fruits: Peaches – Applesauce - Pears – Mandarin Oranges

Yogurt
Regular: Plain – Vanilla
Lite: Peach

Cereal
Hot: Cream of Wheat
Cold: Corn Flakes – Crispy Rice – Total – Rice Chex

Breakfast Bakery
Muffins: Corn
Sliced Bread: Rye - White – Wheat
Plain Bagel - Kaiser Roll
Choice of: Smart Balance – Jelly - Diet Jelly – Butter – Cream Cheese – Lite Cream Cheese – Natural Peanut Butter

Breakfast Entrees
Eggs: Scrambled - Egg Whites - Egg Substitute - Hard Boiled Egg
Omelet: Egg - Egg White - Egg Substitute
Ham – American Cheese – Swiss Cheese
Pancakes: Buttermilk – Banana Pancakes
French Toast: Plain – Banana
Syrup: Maple – Diet
Egg Sandwich: Scrambled – Egg Whites – Egg Substitute
Breads: White Bread – Wheat Bread – Kaiser Roll
Choice of Breakfast Meats: Ham – Diced Turkey
Cheese: American – Swiss

Soups
Soups: Campbell's Tomato – Chicken Rice
Broths: Beef – Chicken - Vegetable

Main Course
Chicken Francaise: Sautéed in a Lemon White Wine Sauce
Turkey with Gravy: Oven Roasted
Broiled Flounder: Dressed with Garlic Lemon Herb
Baked Salmon
Home Made Meatloaf: Served with Gravy
Sliced Roast Beef with mushroom gravy
Macaroni & Cheese: Macaroni in Creamy Cheese Sauce
Penne or Linguini: Served with Butter Sauce or Garlic and Olive Oil and a Touch of White Wine
Diced Marinated Chicken

Sides
Choice of: Dinner Roll – Mac & Cheese – Penne
Mashed Potatoes – Mashed Sweet Potatoes –
Brown Rice – Steamed White Rice –
Baby Carrots – Green Beans

From The Grill
Beef Burger
Turkey Burger
Grilled Cheese Sandwich
Choice of Cheese: American – Swiss
Choice of Bread: Rye – White – Wheat – Bun

Deli Specials
Classic Tuna / Chicken Salad Sandwich
Oven Roasted Turkey Sandwich
Slow Cooked Roasted Beef
Choice of Bread: Sliced White - Sliced Wheat - Sliced Seedless Rye - Kaiser Roll
Choice of Cheese: American – Swiss
Condiments: Mustard – Mayo - Lite Mayo – Ketchup

Desserts
Angel Food Cake
Chocolate Angel Food Cake
Cheese Cake
Low-Fat Chocolate Mousse
Chilled Fruit: Peaches – Pears – Applesauce – Mandarin Oranges
Cookies: Chocolate Chip – Lorna Doone – Fig Newton – Graham Crackers
Gelatin: (Regular or Sugar Free) Strawberry or Orange
Ice Cream: Vanilla – Chocolate
Pudding: Vanilla – Chocolate – Rice
LOW RESIDUE DIET

Your physician has ordered a low residue diet for you; it is lower in fiber than a regular diet and may have been ordered due to digestive difficulties or after abdominal surgery. Foods high in fiber are limited such as raw fruits and vegetables, whole grain breads and cereals.

Our goal is to exceed your expectations. For this dedication we hope that if you receive a "Press Ganey Survey" we earn 5 out of 5 in your rating. If for any reason you would not rate your service a 5, please call or contact your Ambassador right away and let us know how we can improve our service to you.

Please call 8-3463 (8-DINE) to place your meal order

(7/13)

Guests and Visitors Dining with Patients

Guests and visitors have the option to dine with the patient; the cost per meal is $10.00 per person per meal. Simply visit one of our food establishments (The Market Place Café or Skyline Deli) to purchase a guest meal card. Select your meal preference from the Distinguished Dining Room Service Menu for Guests, and place your order after the patient places his/her order. Your guest meal card must be redeemed when your Ambassador delivers your meals.