Fasting
No Solid Food After Midnight or 6 Hours Prior To Procedure.
No Gum or Candy

No Formula
For 6 Hours Prior To Procedure

Breast Milk
May Be Offered Until 4 Hours Prior To Your Arrival Time In Infants Less Than 12 Months.

Clear Liquids
Such As Pedialyte, Water And Clear Juices Without Pulp Such As Apple Juice, White Grape Juice And Clear Jell-O Should Be Encouraged Until 2 Hours Prior To Arrival.

No Jewelry
All Piercings Must Be Removed. We Cannot Take Responsibility For Jewelry Brought To The Hospital.

Wear Glasses/Hearing Aides
Bring Cases, No Contacts

Parents
A Parent Needs To Stay At The ASC The Entire Time The Child Is With Us

Bring Your Co-Pay

Medications
Morning Medications [if applicable] may be taken with sips of water until 30 min. before arriving at the hospital.

Diabetes
Oral medications for diabetes should NOT be taken the morning of surgery. If your child takes Insulin, please contact your health care provider for specific instructions.

NSAIDS
Your child should NOT take any anti-inflammatory medications such as Advil, Motrin, or Ibuprofen for 7 days prior to your procedure. Tylenol (Acetaminophen) is OK

Playroom/Comfort
The ASC is equipped with a playroom for the operative child's enjoyment while waiting for surgery. Items of special comfort can also be brought from home.

Special Needs Children
Stony Brook Children’s is committed to making everyone’s surgical experience as pleasant as possible. If your child has special needs, physical or emotional, please let our staff know about them so we can do our best to care for your child.

For Additional Pre-Operative Information:
Call Our Automated Line (24/7): 631-444-8981 or www.sbdaysurgery.com

Best Wishes For A Speedy Recovery From Your Pre-Operative Team
Deborah Richman MB ChB, Medical Director,
Teresa Carter NP, Christine Kane NP,
Madalina Vlase PA, Amy Dany NP,
Elina Yakirevich PA, Paul McGovern PA
Dianne Jaggon PA