

How to Place an Order

1. Dial 8-DINE (extension 8-3463) between the hours of 7 am and 7 pm.
2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
3. Place your order. Your specially prepared meal will be served to you within 90 minutes of your request.

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

Room Number: _____ Date: _____

Name: _____

Diet: _____

Guests and Visitors Dining with Patients

Guests and visitors have the option to dine with the patient; the cost per meal is \$10.00 per person per meal. Simply visit one of our food establishments (The Market Place Café or "Convenience" at the Brook) to purchase a guest meal card. Select your meal preference from the Distinguished Dining Room Service Menu for Guests, and place your order after the patient places his/her order.

Your guest meal card must be redeemed when your ambassador delivers your meals.

Explanation of Diets

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

DIET: IDSSI PUREED (LEVEL 4)

Your physician has ordered a Dysphagia diet for you. Dysphagia diets are designed for problems with chewing and/or swallowing. Additionally your physician may have ordered thickened liquids to a mildly thick (2) or moderately thick (3) consistency.

The International Dysphagia Diet Standardisation Initiative (IDDSI), has developed a global standardized way of describing foods and drinks that are safest for people with chewing or swallowing problems.

The IDDSI framework consists of 8 levels (0 - 7), where **drinks** are measured from Levels 0 - 4, while **foods** are measured from Levels 3 - 7.

Please visit <https://iddsi.org/> for further information.

Our Goals is to exceed your expectations. For this dedication we hope that if you receive a "Press Ganey Survey" we earn 5 out of 5 in your rating. If for any reason you would not rate your service a 5, please call or contact your Ambassador right away and let us know how we can improve our service to you.

Please call 8-3463 (8-DINE) to place your meal order

11/21



Distinguished Dining at Stony Brook University Hospital

Room Service Menu

Dial 8-3463 (8-DINE)
between 7 am and 7 pm
to place your breakfast, lunch, and dinner order



Breakfast

BEVERAGES:

Coffee: Regular - Decaffeinated

Hot Tea: Regular - Decaffeinated - Chamomile
Fresh-Brewed Iced Tea

Hot Chocolate: Regular - Sugar-Free

Milk: Whole - Skim - Lactaid - Vanilla Soy
Low-Fat Chocolate

Juice: Apple - Cranberry - Orange - Prune - V8-Tomato

Soda: Ginger Ale - Diet Ginger Ale - Seltzer

THICKENED BEVERAGES:

Juice: Orange - Apple - Cranberry

Coffee: Decaffeinated

Hot Tea: Decaffeinated

Sweetened Iced Tea

Peach-Mango Beverage (Sugar-Free)

Thickened Dairy Drink (Reduced Fat Milk)

Water with lemon

PUREED BREAKFAST ENTRÉES

Pureed Scrambled Eggs

Pureed Fresh Toast

PUREED FRUIT:

Peaches - Pears - Applesauce

PUREED CEREAL:

Oatmeal - Cinnamon Oatmeal - Cream of Wheat

Cream of Rice

YOGURT:

Vanilla (Regular or Lite) - Plain

CONDIMENTS

Butter - Smart Balance - Grape Jelly - Strawberry Jam

Diet Jelly - Syrup - Diet Syrup

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Lunch & Dinner

Main Course (Choose One)

PUREED ENTREES:

Chicken Francaise:

Served with a Lemon, White Wine Sauce

Grilled Chicken Parmesan:

Served with Marinara Sauce

Oven Roasted Turkey Served with Gravy

Roast Beef Served with Gravy

Home Made Meatloaf Served with Gravy

Beef Lasagna Soufflé

Roasted Chicken Breast Served with Gravy

Vegetable Lasagna (GF)

Chicken Enchiladas

PUREED PASTA WITH CHOICE OF SAUCE

Pepe Pasta

Choice of Sauce:

-Marinara

-Garlic, Extra Virgin Olive Oil & White Wine

-Meat Sauce

-Butter Sauce

-Vodka Sauce

-Cheese Sauce

PUREED SIDES

Pureed Pasta & Cheese Sauce - Mashed Potatoes

Cream of Rice - Pureed Pasta

Mashed Sweet Potatoes - Carrots - Broccoli

Peas - Green Beans

PUREED DESSERTS

Chilled Fruit: Peaches - Pears - Applesauce

Gelatin: (Regular or Sugar-Free)

Strawberry - Orange

Ice Cream: Vanilla - Chocolate

Sugar-Free Vanilla

Pudding: (Regular or Sugar-Free)

Vanilla - Chocolate

Italian Ice: Cherry - Lemon - Orange

Pureed Apple Pie

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