DIET:

Low Iodine

Beverages:

Juice: Orange - Apple - Prune

Soda: Ginger Ale - Diet-Ginger Ale - Seltzer

Fruit:

Banana - Orange - Apple - Grapes - Seasonal Melon

Hot Cereal:

Oatmeal - Cinnamon Oatmeal - Cream of Wheat

(Available 7am-10am)

Oatmeal package - Cream of Wheat package

Eggs:

Scrambled Egg Whites

Omelet:

Egg White Omelet with a choice of :

Red Onions - Mushrooms - Peppers - Broccoli - Spinach

Breakfast Ends Daily at 10:00AM

Limited Items are available all day long.

Scrambled Eggs, Omelets.

DIET:

Low Iodine

Entrees:

-Grilled Chicken Breast

-Roasted Turkey served with Gravy

-Cold Turkey or Roast Beef Roll Ups

Side Salads:

Garden - Cucumber Slices - Vegetable Sticks

Dressings:

Diet Italian - Olive Oil - Red Wine Vinegar

Sides:

Penne Pasta - Carrots - Broccoli - Corn - Sautéed Spinach - Green Beans

Tomato Soup

Stony Brook Medicine

DIET:

Low Iodine

7/21

Distinguished Dining at Stony Brook University Hospital

Room Service Menu

Dial 8-3463 (8-DINE) between 7 am and 7 pm
to place your breakfast, lunch, and dinner order

Stony Brook Medicine

How to Place an Order

1. Dial 8-DINE (extension 8-3463) between the hours of 7 am and 7 pm.

2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.

3. Place your order. Your specially prepared meal will be served to you within 90 minutes of your request.

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.
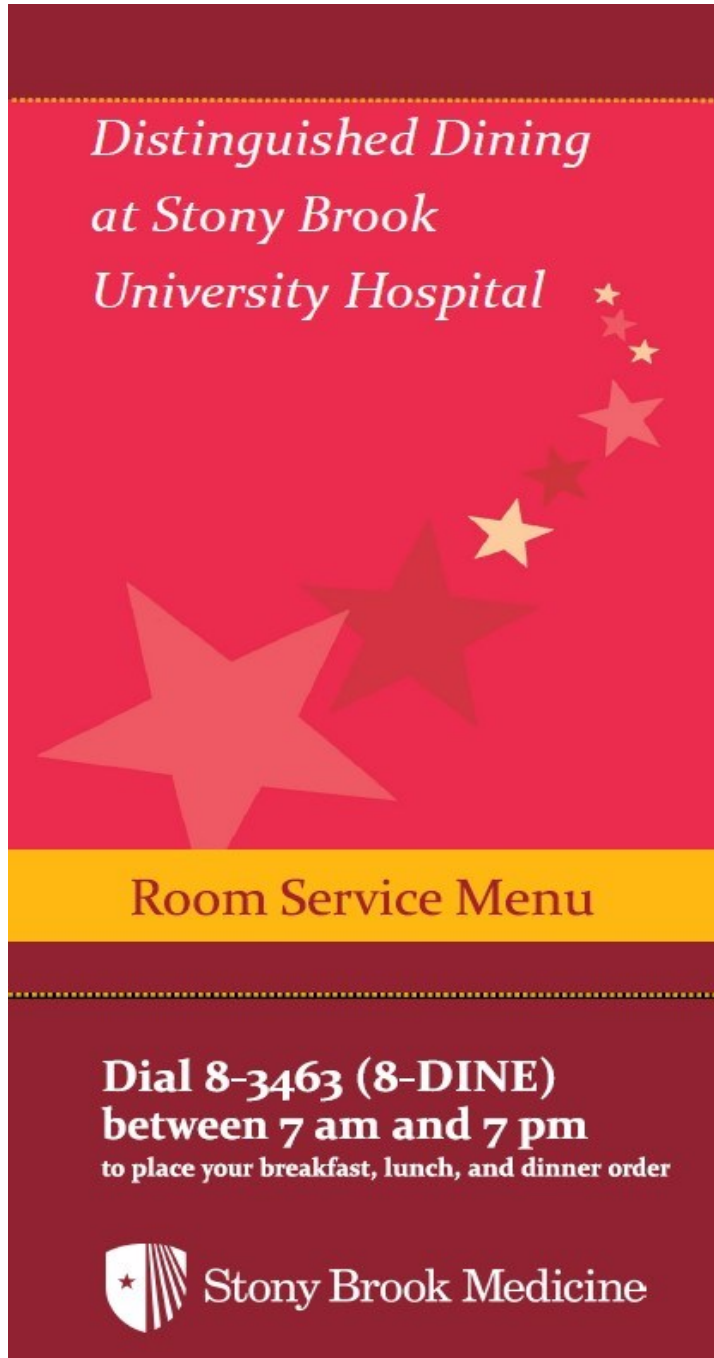
SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

For your safety, we will accept your menu selections only after your physician has entered your diet order.

Room Number:_____ Date:_____

Name: _____

Diet: _____