

# BREAKFAST

## **Beverage:**

**Coffee:** Regular - Decaffeinated

**Tea:** Regular- Decaffeinated - Chamomile - Fresh-Brewed Iced Tea

**Hot Chocolate:** Regular

**Milk:** Whole - Skim - Lactaid - Vanilla Soy - Low-Fat Chocolate

**Soda:** Ginger Ale - Diet-Ginger Ale - Seltzer

**Juice:** Orange- Apple- Prune -Cranberry

Tomato - Grape Juice

## **Condiments:**

Jelly - Butter - Cream Cheese - Smart Balance - Honey

Peanut Butter - Strawberry Jam - Grape Jelly

Coffee Creamer - Pepper - Salt - Honey - Ketchup - Salsa

Sour Cream - Mustard - Herb Seasoning

## **Fruit:**

Banana - Orange - Apple - Applesauce

**\*Breakfast Ends Daily at 10:00AM\***

Limited Items are available all day long.

Scrambled Eggs, Omelets, Cereal and Bagels

## **Breakfast Entrees:**

**Egg Omelet:** Served with Diced Home-Fried Potatoes

**Texas-Style French Toast with Maple Spread**

## **Yogurt:**

Vanilla – Strawberry – Lite Vanilla - Lite Strawberry

Lite Peach

## **Cold Cereal:**

Corn Flakes -Crispy Rice -Cheerios - Raisin Bran - Rice Chex

## **Breakfast Bakery:**

**Bagel:** Lender's™ Plain Bagel

**Bread:** White - Wheat - Wheat Dinner Roll



**Stony Brook Medicine**

# LUNCH & DINNER

## **HOT ENTREES:**

**Baked Chicken:** served with Carrots Tzimmes & Barley

**Roasted Turkey:** served with Sweet Potatoes & Green Beans

**Salisbury Steak:** served with Creamy Mashed Potatoes, Green Peas & Carrots

**Baked Fish with Lemon:** served with Rice Pilaf & Green Beans

**Vegetable-Stuffed Peppers:** served with Penne Pasta, Green Beans & Carrots

**Yankee-Style Pot Roast:** served with Bowtie Noodles, Green Beans & Sliced Carrots

**Bruno's™ Specialty Foods Gluten-Free Cheese**

**Lasagna:** Cheese Lasagna served with Peas & Mushrooms

**Bruno's™ Specialty Foods Gluten-Free Baked**

**Ziti:** Baked Ziti served with Peas & Carrots

**Tuna** (Individual Can)

\*All of our Entree Packs are certified



# DESSERTS

## **DESSERTS:**

**Cookies:** Lorna Doone - Fig Newtons

**Kozy Shack™ Kosher (Pareve) Gelatin:**

(Regular or Sugar-Free) Strawberry - Orange

**Kozy Shack™ Pudding:**

Chocolate – Vanilla - Sugar-Free Chocolate

Sugar-Free Vanilla - Rice



## How to Place an Order

DIET:

Kosher

Our menu provides a variety of pre-packaged Kosher entrées from Spring Valley , based in Goshen, NY.

Our kitchen carries additional Kosher products to add to your meal. If you have any questions regarding our Kosher services, please contact your nurse who can direct you to the Hospital's Chaplain and Rabbi of Young Israel of Huntington: (631) 275-2936.

1. Dial 8-DINE (extension 8-3463) between the hours of 7 am and 7 pm.
2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
3. Place your order. Your specially prepared meal will be served to you within 90 minutes of your request.

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.

### SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

*For your safety, we will accept your menu selections only after your physician has entered your diet order.*

Room Number: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_

Diet: \_\_\_\_\_



Stony Brook Medicine