# BREAKFAST

#### <u>Beverage:</u>

Coffee: Regular - Decaffeinated Tea: Regular- Decaffeinated - Chamomile - Fresh-Brewed Iced Tea Hot Chocolate: Regular Milk: Whole - Skim - Lactaid - Vanilla Soy - Low-Fat Chocolate Soda: Ginger Ale - Diet-Ginger Ale - Seltzer Juice: Orange- Apple- Prune -Cranberry Tomato - Grape Juice

#### Condiments:

Jelly - Butter - Cream Cheese - Smart Balance - Honey Peanut Butter - Strawberry Jam - Grape Jelly Coffee Creamer - Pepper - Salt - Honey - Ketchup - Salsa Sour Cream - Mustard - Herb Seasoning

### <u>Fruit:</u>

Banana - Orange - Apple - Applesauce

#### \*Breakfast Ends Daily at 10:00AM\*

Limited Items are available all day long. Scrambled Eggs, Omelets, Cereal and Bagels

### **Breakfast Entrees:**

Egg Omelet: Served with Diced Home-Fried Potatoes

#### **Texas-Style French Toast with Maple Spread**

### Yogurt:

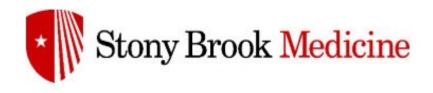
Vanilla – Strawberry – Lite Vanilla - Lite Strawberry Lite Peach

## Cold Cereal:

Corn Flakes - Crispy Rice - Cheerios - Raisin Bran - Rice Chex

### **Breakfast Bakery:**

**Bagel:** Lender's<sup>™</sup> Plain Bagel **Bread**: White - Wheat - Wheat Dinner Roll



# LUNCH & DINNER

## HOT ENTREES:

Baked Chicken: served with Carrots Tzimmes & Barley

**Roasted Turkey:** served with Sweet Potatoes & Green Beans

**Salisbury Steak**: served with Creamy Mashed Potatoes, Green Peas & Carrots

**Baked Fish with Lemon**: served with Rice Pilaf & Green Beans

**Vegetable-Stuffed Peppers:** served with Penne Pasta, Green Beans & Carrots

**Yankee-Style Pot Roast**: served with Bowtie Noodles, Green Beans & Sliced Carrots

**Bruno's** <sup>™</sup> **Specialty Foods Gluten-Free Cheese Lasagna:** Cheese Lasagna served with Peas & Mushrooms

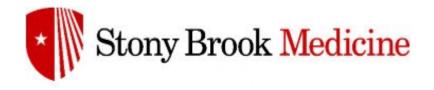
**(U)** 

Bruno's <sup>™</sup> Specialty Foods Gluten-Free Baked

Ziti: Baked Ziti served with Peas & Carrots

Tuna (Individual Can)

\*All of our Entree Packs are certified



# DESSERTS

### **DESSERTS:**

Cookies: Lorna Doone - Fig Newtons

Kozy Shack<sup>™</sup> Kosher (Pareve) Gelatin:

(Regular or Sugar-Free) Strawberry - Orange

Kozy Shack<sup>™</sup> Pudding:

Chocolate – Vanilla - Sugar-Free Chocolate Sugar-Free Vanilla - Rice



## DIET:

## Kosher

Our menu provides a variety of pre-packaged Kosher entrées from Spring Valley , based in Goshen, NY. Our kitchen carries additional Kosher products to add to your meal. If you have any questions regarding our Kosher services, please contact your nurse who can direct you to the Hospital's Chaplain and Rabbi of Young Israel of

Huntington: (631) 275-2936.

# How to Place an Order

- 1. Dial8-DINE (extension8-3463) between the hours of 7 am and 7 pm.
- 2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
- 3. Place your order. Your specially prepared meal will be served to you within 90 minutes of your request.

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.

#### **SPECIAL / RESTRICTED DIETS**

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

Room Number:\_\_\_\_\_ Date:\_\_\_\_\_

Name:

For your safety, we will accept your menu selections only after your physician has entered your diet order.



