

BREAKFAST

Beverage:

Coffee: Regular -Decaffeinated

Tea: Regular- Decaffeinated- Chamomile Fresh-Brewed Iced Tea

Hot Chocolate: Regular

Milk: Whole - 1% - Skim - Lactaid

Vanilla Soy - Low-Fat Chocolate

Soda: Ginger Ale - Diet Ginger Ale

Seltzer

Juice: Orange- Apple- Prune -Cranberry

Tomato - Grape Juice

Condiments:

Jelly - Butter - Cream Cheese - Smart Balance - Honey

Peanut Butter - Strawberry Jam - Grape Jelly

Coffee Creamer - Pepper - Salt - Ketchup - Salsa

Sour Cream - Mustard - Herb Seasoning

Fruit:

Banana - Orange - Apple - Applesauce

Breakfast Ends Daily at 10:00AM

Limited Items are available all day long.

Scrambled Eggs, Omelets, Cereal and Bagels

Breakfast Entrees:

Egg Omelet: Served with Diced Home-Fried Potatoes

Texas-Style French Toast with Maple Spread

Yogurt:

Vanilla – Strawberry – Lite Vanilla - Lite Strawberry – Lite Peach

Cold Cereal:

Corn Flakes -Crispy Rice -Cheerios - Raisin Bran - Rice Chex

Breakfast Bakery:

Bagel: Lender's™ Plain Bagel

Bread: Kosher White



Stony Brook Medicine

LUNCH & DINNER

HOT ENTREES:

Baked Chicken:

served with Roasted Potatoes & Green Beans

Roasted Turkey:

served with Sweet Potatoes & Green Beans

Salisbury Steak:

served with Creamy Mashed Potatoes, Green Peas & Carrots

Baked Fish with Lemon:

served with Rice Pilaf & Green Beans

Vegetable-Stuffed Peppers:

served with Penne Pasta, Green Beans & Carrots

Yankee-Style Pot Roast:

served with Bowtie Noodles, Green Beans & Sliced Carrots

Tuna (Individual Can)



DESSERTS

DESSERTS:

Cookies: Lorna Doone - Fig Newtons

Gelatin: (Regular or Sugar-Free) Strawberry- Orange

Kozy Shack™ Pudding:

Chocolate – Vanilla - Sugar-Free Chocolate

Sugar-Free Vanilla - Rice



How to Place an Order

DIET:

Kosher

Our menu provides a variety of pre-packaged Kosher entrées from Spring Valley , based in Goshen, NY.

Our kitchen carries additional Kosher products to add to your meal. If you have any questions regarding our Kosher services, please contact your nurse who can direct you to the Hospital's Chaplain and Rabbi of Young Israel of Huntington: (631) 275-2936.

1. Dial 8-DINE (extension 8-3463) between the hours of 7 am and 7 pm.
2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
3. Place your order. Your specially prepared meal will be served to you within 90 minutes of your request.

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

For your safety, we will accept your menu selections only after your physician has entered your diet order.

Room Number: _____ Date: _____

Name: _____

Diet: _____



Stony Brook Medicine