

# BREAKFAST

## **Beverage:**

**Coffee:** Regular -Decaffeinated

**Tea:** Regular- Decaffeinated- Chamomile Fresh-Brewed Iced Tea

**Hot Chocolate:** Regular

**Milk:** Whole - 1% - Skim - Lactaid

Vanilla Soy - Low-Fat Chocolate

**Soda:** Ginger Ale - Diet Ginger Ale

Seltzer

**Juice:** Orange- Apple- Prune -Cranberry

Tomato - Grape Juice

## **Condiments:**

Jelly - Butter - Cream Cheese - Smart Balance - Honey

Peanut Butter - Strawberry Jam - Grape Jelly

Coffee Creamer - Pepper - Salt - Ketchup - Salsa

Sour Cream - Mustard - Herb Seasoning

## **Fruit:**

Banana - Orange - Apple - Applesauce

## **Breakfast Entrees:**

**Egg Omelet:** Served with Diced Home-Fried Potatoes

**Texas-Style French Toast with Maple Spread**

**Bruno's™ Specialty Food Gluten-Free Entrée:** Western Omelet with Home Fries

## **Yogurt:**

Vanilla – Strawberry – Lite Vanilla - Lite Strawberry – Lite Peach

## **Cold Cereal:**

Corn Flakes -Crispy Rice -Cheerios - Raisin Bran - Rice Chex

## **Breakfast Bakery:**

**Bagel:** Lender's™ Plain Bagel

**Bread:** White– Wheat– Wheat Dinner Roll

\*All of our Entree Packs are Certified Kosher

**\*Breakfast Ends Daily at 10:00AM\***

Limited Items are available all day long.

Scrambled Eggs, Omelets, Cereal and Bagels



**Stony Brook Medicine**

# LUNCH & DINNER

## **HOT ENTREES:**

**Baked Chicken:** served with Carrots Tzimmes & Barley

**Roasted Turkey:** served with Sweet Potatoes & Green Beans

**Salisbury Steak:** served with Creamy Mashed Potatoes, Green Peas & Carrots

**Baked Fish with Lemon:** served with Rice Pilaf & Green Beans

**Vegetable-Stuffed Peppers:** served with Penne Pasta, Green Beans & Carrots

**Yankee-Style Pot Roast:** served with Bowtie Noodles, Green Beans & Sliced Carrots

**Bruno™ Specialty Foods Gluten-Free Entrees:**

Cheese Lasagna served with Peas & Mushrooms

Baked Ziti served with Peas & Carrots

**Chicken of the Sea™ Tuna**

(Individual Packet)

# DESSERTS

## **DESSERTS:**

**Cookies:** Lorna Doone - Fig Newtons

**Kozy Shack™ Kosher (Pareve) Gelatin:**

(Regular or Sugar-Free) Strawberry- Orange

**Kozy Shack™ Pudding:**

Chocolate- Vanilla

Sugar-Free Chocolate- Sugar-Free Vanilla - Rice



## DIET:

### Kosher

Our menu provides a variety of pre-packaged Kosher entrées from Spring Valley , based in Goshen, NY.

Our kitchen carries additional Kosher products to add to your meal. If you have any questions regarding our Kosher services, please contact your nurse who can direct you to the Hospital's Chaplain and Rabbi of Young Israel of Huntington: (631) 275-2936.

Room Number: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_

Diet: \_\_\_\_\_

## How to Place an Order

1. Dial 8-DINE (extension 8-3463) between the hours of 7 am and 7 pm.
2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
3. Place your order. Your specially prepared meal will be served to you within 60 minutes of your request.

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.

### SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

*For your safety, we will accept your menu selections only after your physician has entered your diet order.*



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