

How to Place an Order

1. Dial 8-DINE (extension 8-3463) between the hours of 7 am and 7 pm.
2. Identify yourself to the Room Service Associate, who will verify your name, room number, and the diet ordered by your physician.
3. Place your order. Your specially prepared meal will be served to you within 90 minutes of your request.

The Department of Food and Nutrition is here to provide you with excellent service. Feel free to let your Room Service Associate know how we can help meet your food service needs.

SPECIAL / RESTRICTED DIETS

Please note that not all menu items are appropriate for all diets. If you are on a special or restricted diet, our Room Service Associate will assist you with your meal selections.

For your safety, we will accept your menu selections only after your physician has entered your diet order.

Room Number: _____ Date: _____

Name: _____

Diet: _____

Guests and Visitors Dining with Patients

Guests and visitors have the option to dine with the patient; the cost per meal is \$10.00 per person per meal. Simply visit one of our food establishments (The Market Place Café or "Convenience" at the Brook) to purchase a guest meal card. Select your meal preference from the Distinguished Dining Room Service Menu for Guests, and place your order after the patient places his/her order. Your guest meal card must be redeemed when your ambassador delivers your meals.

Explanation of Diets

During your stay at Stony Brook Hospital, your diet is ordered by your doctor and may change a few times due to tests, treatment or surgery.

DIET: IDDSI level 5 & level 6 MINCED & MOIST or SOFT & BITE SIZE

Your physician has ordered a Dysphagia diet for you. Dysphagia diets are designed for problems with chewing and/or swallowing. Additionally your physician may have ordered thickened liquids to a mildly thick (2) or moderately thick (3) consistency.

The International Dysphagia Diet Standardisation Initiative (IDDSI), has developed a global standardized way of describing foods and drinks that are safest for people with chewing or swallowing problems.

The IDDSI framework consists of 8 levels (0 - 7), where **drinks** are measured from Levels 0 - 4, while **foods** are measured from Levels 3 - 7.

Please visit <https://iddsi.org/> for further information.

Our Goal is to exceed your expectations. For this dedication we hope that if you receive a "Press Ganey Survey" we earn 5 out of 5 in your rating. If for any reason you would not rate your service a 5, please call or contact your Ambassador right away and let us know how we can improve our service to you.

Please call 8-3463 (8-DINE) to place your meal order

11/21



Distinguished Dining at Stony Brook University Hospital

Room Service Menu

Dial 8-3463 (8-DINE)
between 7 am and 7 pm
to place your breakfast, lunch, and dinner order



Breakfast

Thickened Beverages

Juice: Orange - Apple - Cranberry

Coffee: Decaffeinated

Hot Tea: Decaffeinated

Sweetened Iced Tea

Peach-Mango Beverage (Sugar-Free)

Thickened Dairy Drink (Reduced Fat Milk)

Water with Lemon

Breakfast Entrees

Eggs: Scrambled

Pureed French Toast

Pureed Pork Sausage

Cereal

Hot: Baby Oatmeal – Cream of Wheat – Cream of Rice

Pureed Cold Cereal: Raisin Bran – Corn Flakes

Fruits

Diced and Drained Fruits: Peaches – Applesauce

Pears

Yogurt

Regular: Plain – Vanilla – Strawberry

CONDIMENTS

Butter - Smart Balance - Grape Jelly - Strawberry Jam

Diet Jelly - Syrup - Diet Syrup

Lunch, Dinner, and Dessert

Main Course

(Choose One)

Main Course (Minced and Moist)

Minced Chicken Francaise: Sautéed in a
Lemon White Wine Sauce

Minced Turkey with Gravy: Oven Roasted

Minced Salmon: Dressed with Garlic Lemon
and Herbs

Minced Beef Served with Gravy

Minced Home-Made Meatloaf: Served with
Gravy

Minced Vegetable Lasagna (GF)

Minced Chicken Enchiladas

Pasta with Choice of Sauce

Pepe Pasta

Choice of Sauce:

-Vodka Sauce

-Meat Sauce

-Marinara Sauce

-Butter Sauce

-Garlic & Extra Virgin Olive Oil & a Touch of
White Wine

-Cheese Sauce

Soups, Sides, & Desserts

Soups

Soups: Tomato Basil - Cream of Tomato

Broths: Beef – Chicken – Vegetable

**(Soups Not available on diets
with thickened liquids)**

Sides

Choice of: Pepe Pasta & Cheese Sauce – Mashed
Potatoes - Mashed Sweet Potatoes – Pureed Stuffing

Minced Baby Carrots – Minced Broccoli

Minced Green Beans

Desserts

Apple Pie (Minced)

Pudding: Vanilla – Chocolate - Rice Pudding

Sugar-free Vanilla – Sugar-Free Chocolate – Sugar-Free Rice
Pudding

Diced and Drained: Peaches – Pears – Applesauce

(Thin liquids only)

Ice Cream: Vanilla – Chocolate - Sugar Free Vanilla & Chocolate

Italian Ices: Cherry – Lemon - Orange – Sugar Free Lemon

Gelatin: (Regular or Sugar Free) Strawberry or Orange